

# Strawberry Topped Apple Snacks



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Yield: 4 servings

Prep Time: 10 minutes

Total Time: 10 minutes

Amp up your snacking with these pretty and delicious snacks made with local apples and Ontario greenhouse grown YES!Berries strawberries!

## Ingredients:

- 1 apple; pick your favourite variety
- 1 package YES!Berries Your Everyday Snack!®, strawberries, dice finely
- 4 tbsp Greek yogurt, plain, vanilla or strawberry
- 1 tsp cinnamon

## Directions:

1. Rinse, pat dry then cut apples into ½ inch slices. Remove the core with knife.
2. Top each apple slice with yogurt, diced berries and sprinkle with cinnamon.
3. Add toppings if desired.

## Cooking Tips:

Add some extra crunch to your treats by topping off with chopped nuts, seeds, and/or granola. Your choice of toppings! We used 2 tbsp chopped pecans and 2 tbsp of store-bought granola. Be mindful of nut or oat allergies, you can substitute with your choice of seeds or raisins.



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Nutrition Facts: Serving Size: 4, Servings Per Recipe: 4, Amount Per Serving: Calories 68, Total Fat 0.7g (1% Daily Value), Saturated Fat 0.2g (1% Daily Value), Cholesterol 1mg (0% Daily Value), Sodium 6mg (0% Daily Value), Potassium 212mg (5% Daily Value), Carbohydrate 15.3g (6% Daily Value), Dietary Fiber 3.4g (12% Daily Value), Sugars 10.6g, Protein 2.2g