

Bright Summer Salad



DelFresco
Pure

Yield: 4 servings

Prep Time: 10 minutes

Total Time: 15 minutes

Add some local freshness to your next salad with our Bright Summer Salad recipe!

Ingredients:

For the Salad:

1 package G.R.EAT! Grab Rinse and EAT!® orange tomatoes

- ½ cup pomegranate seeds
- 4 small bocconcini
- 6 cups baby spinach leaves
- ½ red onion

For the Dressing:

- 1 tsp Dijon mustard
- ½ tsp paprika
- 2 tbsp white wine vinegar
- 1 tbsp maple syrup
- 3 tbsp olive oil
- Sea salt and black pepper

Directions:

1. Cut the tomatoes into thin slices.
2. Peel, and thinly slice the red onion.
3. Drain the mozzarella and cut the balls in half.
4. Mix the tomatoes, pomegranate seeds, spinach, mozzarella and red onion in a bowl.
5. Serve with salad dressing and enjoy!

Cooking Tips:

This recipe is versatile and goes well with many other toppings!



Nutrition Facts:

Serving Size: 4, Servings Per Recipe: 4, Amount Per Serving: Calories 283, Total Fat 20.1g (26% Daily Value), Saturated Fat 6.8g (34% Daily Value), Cholesterol 25mg (8% Daily Value), Sodium 298mg (13% Daily Value), Potassium 368mg (8% Daily Value), Carbohydrate 17.7g (6% Daily Value), Dietary Fiber 2.3g (8% Daily Value), Sugars 6.5g, Protein 9.6g

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