

Strawberry Colourful Coleslaw



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Yield: 5 Bowls

Prep Time: 10 minutes

Total Time: 1 hour & 10 mins

If you think you don't like coleslaw, think again! This is an easy and relatively inexpensive salad to make but looks divine. Using purple and savoy cabbage with red YES!Berries strawberries and mint creates a wonderful pop of interest.

Ingredients:

- 2 cups savoy cabbage, finely shredded
- 1 cup purple cabbage, finely shredded
- 4 green onions, sliced thin
- ½ cup store-bought poppyseed dressing
- 1 package YES!Berries strawberries
- 12 pecans, chopped (walnuts or almonds would also be delicious)
- 6 Mint leaves, cut chiffonade

Directions:

1. Prepare Ingredients
2. In a large bowl, combine the two cabbages and green onion. Mix well with salad dressing. We used ½ cup dressing, but add enough to suit your taste. Refrigerate for at least one hour but no longer than 3 hours.
3. When ready to serve, add the strawberries, pecans and mint.



Nutrition Facts:

Serving Size: 10, Servings Per Recipe: 10, Amount Per Serving: Calories 240, Total Fat 9.3g (12% Daily Value), Saturated Fat 0.2g (1% Daily Value), Cholesterol 0mg (0% Daily Value), Sodium 277mg (12% Daily Value), Potassium 136mg (3% Daily Value), Carbohydrate 23.6g (9% Daily Value), Dietary Fiber 1.4g (5% Daily Value), Sugars 2g, Protein 13.9g.

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